





THE INTERNATIONAL BESTSELLER

# IKIGAI

生き甲斐

The Japanese Secret to  
a Long and Happy Life

HÉCTOR GARCÍA AND FRANCESC MIRALLES



1

There are at least two kinds of games.  
One could be called finite; the other infinite.  
A finite game is played for the purpose of winning,  
an infinite game for the purpose  
of continuing the play.

2

If a finite game is to be won by someone,  
it must come to a definite end. It will come to  
an end when someone has won. . . .

# FINITE AND INFINITE GAMES

*A Vision of Life as  
Play and Possibility*

JAMES P.  
CARSE